



UHSussex Maternity Voices Trustwide Meeting October 2023

NB *If you would like to refer to anything in this presentation please credit / cite: UHSussex MVP, "UHSussex Maternity Voices Partnership Quarterly Trust Wide Formal Meeting October 2023" Online Presentation, Microsoft Teams.*

Laura Naish - UHSussex Strategic Chair & Brighton Co-Chair

laura.naish3@nhs.net

Hannah Daly - Haywards Heath Co-Chair

hannah.daly7@nhs.net

Jordon Clarke - Worthing and Chichester Vice Chair

jordon.clarke@nhs.net

Agenda

11.05 am - Welcome & Jamboard for Annual Workplan - Laura Naish & Hannah Daly

11.10 am - Sharing the proposed Annual Work Plan 2023/24 - Laura Naish

11.30 am - Whose Shoes event update - Jordon Clarke

11.50 am - UHSussex Director/Head of Midwifery update - Emma Chambers/Gail Addison/Beckie Elms

12.00 am - Commissioner update - Cecily Hollingworth/Lara Kiziltuna

12.10 am - LMNS update - Sharon Gardner-Blatch

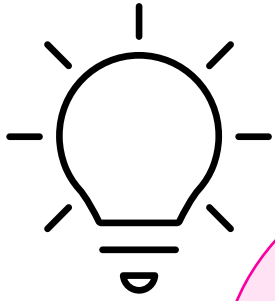
12.20 am - UHSussex Strategic Education & Workforce Lead - Sophie Moorsom

12.25 am - Neonatal Network update

12.35 am - Wellbeing and Exercise in Pregnancy Programme (WEPP) Lead - Andrea Yeboah

12.45 pm - Any other business

13.00 pm - CLOSE



Please click on the link in the chat to leave your thoughts and ideas....

MVP ANNUAL WORKPLAN

**What do you think the MVP's
focus should be for 2024/2025**





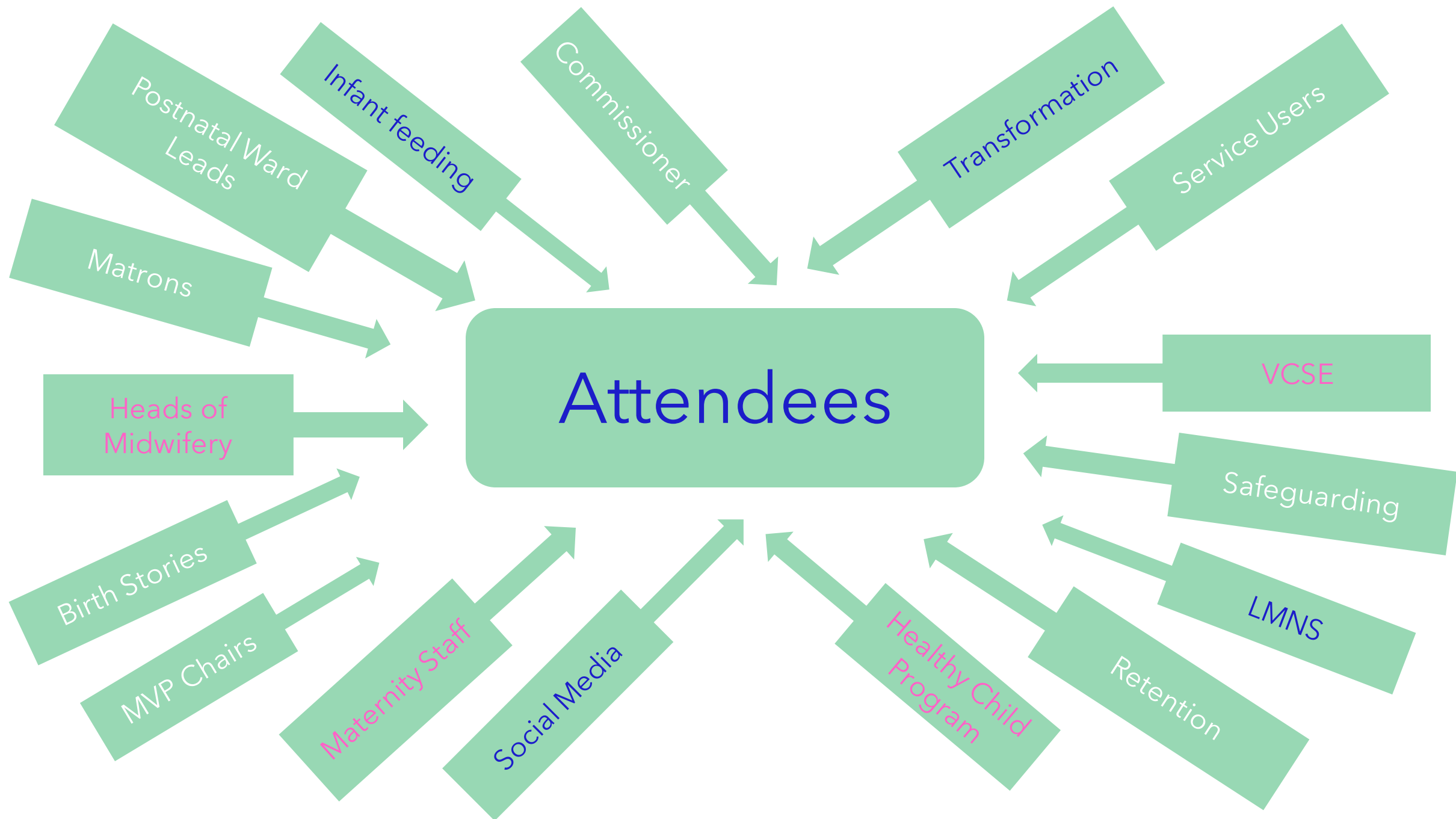
ANNUAL WORK PLAN

University Hospitals Sussex Maternity Voices

2023/24

WHOSE SHOES?!





Updates.....

11.50 am - UHSussex Director/Head of Midwifery update - Emma Chambers/Gail Addison/Beckie Elms

12.00 am - Commissioner update - Cecily Hollingworth/Lara Kiziltuna

12.10 am - LMNS update - Sharon Gardner-Blatch

12.20 am - UHSussex Strategic Education & Workforce Lead - Sophie Moorsom

Kent, Surrey, Sussex

NEONATAL NETWORK



Neonatal Parent and Family feedback and update from Parent Advisory Group



PARENT ADVISORY GROUP

KENT, SURREY AND SUSSEX
NEONATAL NETWORK



Themes from KSS Neonatal Parent/Carer Survey in Sussex Units

No responses from Worthing to date

Royal Sussex -

29 responses in June/July/August 2023

- Unanimously families felt welcome
 - *'Everyone made us feel like we were fully supported and at home. We were encouraged and supported to help with our baby's development and have had the most amazing nurses that care for her.'*
- Appreciation of 24hr access - not treated as visitors
- All felt fully involved or as involved as they could be in baby's care
- Excellent feeding support
- Some missed medication and meals while on post-natal
- Mixed responses re food provision and parking - high financial impact for some:
 - *'We probably spent about £30 a day on taxis, £20 on food, and had to get my daughter to attend nursery for additional days so we could be with our baby at the hospital which is £60 a day.'*

Princess Royal -

7 responses in June/July/August 2023

- Great comments re a warm welcome
- Some missed medication due to being on neonatal ward
 - *'This put me in a lot of pain. The best day of care was when a midwife administered my observations in neo natal care..'*
- Mixed responses to feeding support - worth noting that some of this was from somebody who received care in 2021
- Some participated in ward rounds, others found this difficult to be part of
 - *'The Ward rounds happened mainly in the morning around 9am and it was a struggle to get to the rounds on time due to waiting on the medication and breakfast on the postnatal ward.'*
- **One parent noted that they would have liked more mental health support**



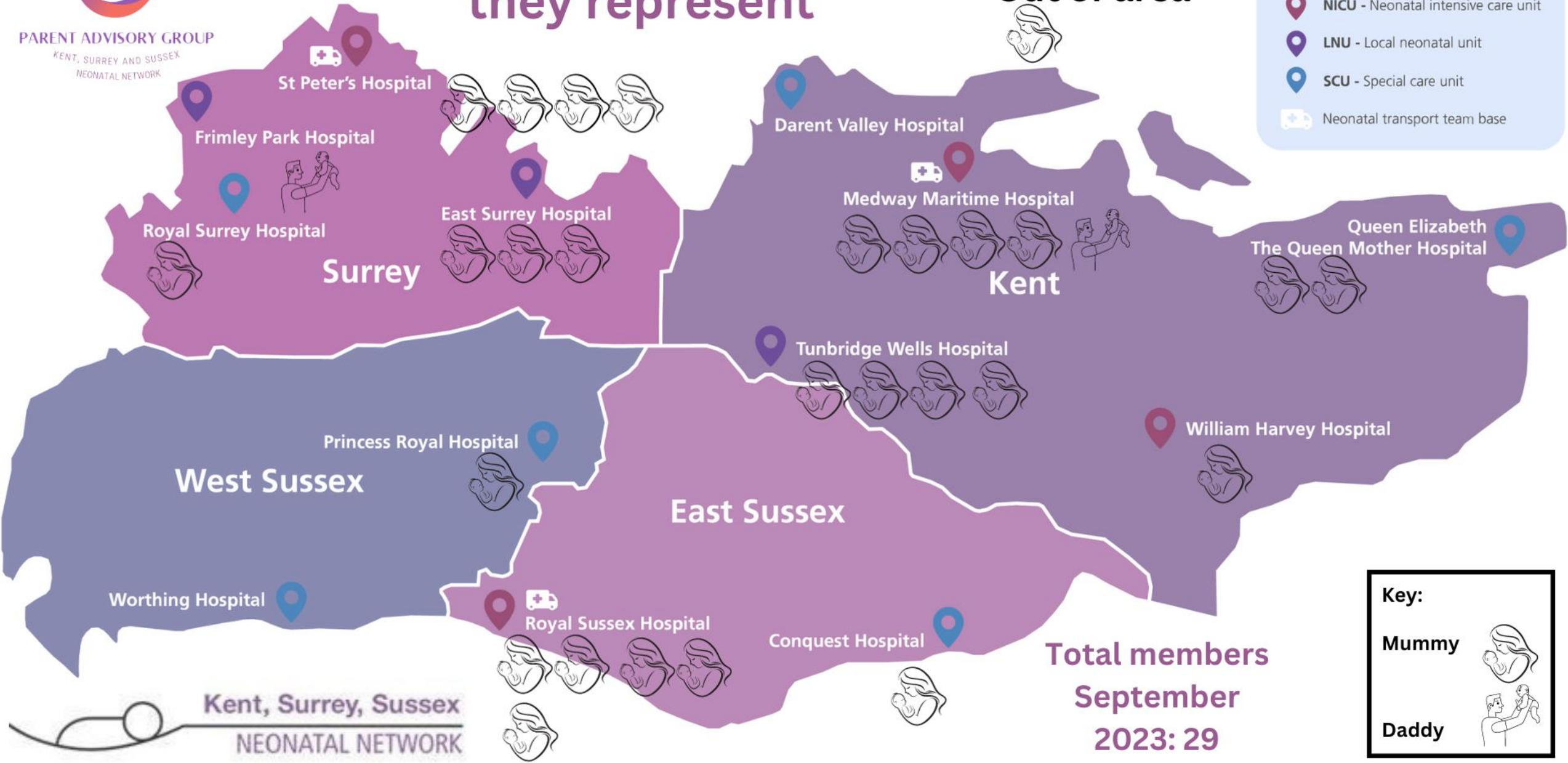
KSS PAG members and the Units they represent

PARENT ADVISORY GROUP
KENT, SURREY AND SUSSEX
NEONATAL NETWORK

Key

- NICU - Neonatal intensive care unit
- LNU - Local neonatal unit
- SCU - Special care unit
- Neonatal transport team base

Out of area



Kent, Surrey, Sussex
NEONATAL NETWORK

**Total members
September
2023: 29**

Key:

- Mummy**
- Daddy**



Current projects PAG are involved in...

- Digital- website development and 3D Tours
- Parent cards
- Infant feeding
- Parent led ward rounds
- Continue to work on supporting MNVPs with 15 Steps/Walk the Patch where possible
- Speaking at Education events



**Perinatal Pelvic Health Project
and
Wellbeing and Exercise in Pregnancy
Programme (WEPP)
Update**



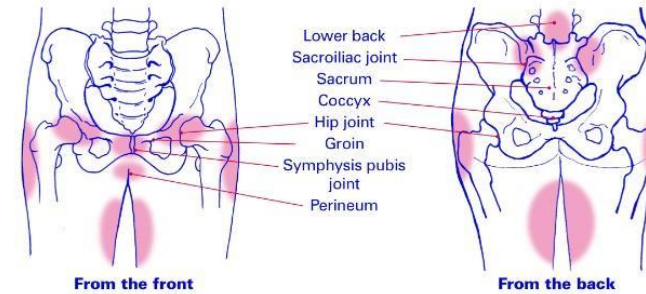
Achievements

- **Perineal clinic (pilot) at SRH every Tuesday (MDT)**
- **Love your hospital funding for Endoanal Ultrasound**
- **Self referral up and running on Sussex LMNS website**
- **Pelvic Health screening on Badgernet at 16/40 and immediate referral system**



Achievements

- **Midwifery training successful and plan to continue**
- **Patient information leaflets being finalised. Inclusive images.**
- **Ongoing collaboration and shared resources with WEPP**



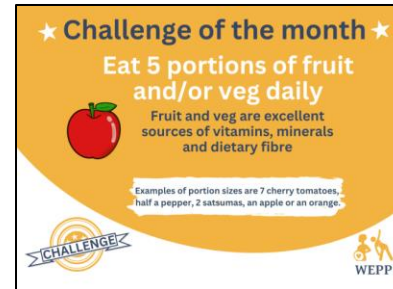
Challenges

- **Staff shortages – unable to provide ward cover at RSCH and PRH at present.**
- **SRH ward cover also down 50%.**
- **Renewed recruitment effort and ensuring everyone receives necessary information.**



WEPP UPDATE

- **Badgernet inclusion**
- **Continued collaboration with specialist services – WIP, Diabetes in Pregnancy, PMH, Smoking cessation**
- **Social Media launch**



Better health and care for all

WEPP UPDATE

Healthy Lifestyle/Healthy Weight

- **Focus Groups / User Feedback**
- **Steering Group**
- **Filming**
- **Timeframes**



Better health and care for all

WEPP UPDATE - PROMOTION

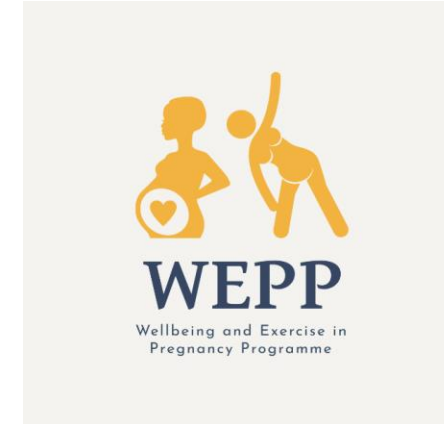
- Posters and Flyers
- Badgernet push notifications
- Links with maternity comms team (social media/newsletter)
- Links with wider community
- Word of mouth!



Better health and care for all

Thank you for listening.

Any questions?



Better health and care for all

Any Other
Business



Maternity VOICES MEETINGS 2024



Mon 8th Jan 24, 11am - 1pm

Wed 15th May 24, 10am - 12pm

Fri 20th Sept 24, 10am - 12pm

Mon 17th Mar 25, 10am - 12pm

Join us online for our Trustwide
Quarterly Meetings on MS Teams

To be added to our distribution list
please scan the QR code and
complete the form
laura.naish3@nhs.net



Next MVP Meeting Dates