



## University Hospitals Sussex Maternity Voices Trust wide Meeting - Meeting Notes for 2<sup>nd</sup> October 2023

<b>Time:</b>	<b>11.00 - 13.00 pm</b>
<b>Location:</b>	<b>Microsoft Teams Online</b>
<b>Chaired by:</b>	<b>Laura Naish, Jordon Clarke &amp; Hannah Daly</b>
<b>Notes by:</b>	<b>Jordon Clarke</b>
<b>Attendance:</b>	
Laura Naish	MVP Strategic Chair and Brighton Co Chair
Jordon Clarke	MVP Vice Chair – Chichester & Worthing
Hannah Daly	MVP Co Chair – Haywards Heath
Gail Addison	Acting Head of Midwifery for Worthing and Chichester Hospital, UHSussex
Claire Harris	Matron – St Richards Hospital, UHSussex
Andrea Yeboah	Specialist Physiotherapist / WEPP Lead, UHSussex West
Cecily Hollingworth	Senior Commissioning Manager – West Sussex, NHS Sussex
Claire Parr	Clinical Governance Lead Maternity - UHSussex
Emily Moss	Postnatal Lead Midwife – Princess Royal Hospital, UHSussex
Emma Chambers	Director of Midwifery, UHSussex
Jo Gould	Senior lecturer - BSc midwifery course, University of Brighton
Jacqueline O’Kane	Midwifery Practice Facilitator & PEF
Julie Carr	Midwifery Matron – Worthing Hospital, UHSussex
Lara Kiziltuna	Senior Commissioning Manager – East Sussex, Brighton and Hove, NHS Sussex
Laura Spicer	Maternity Transformation Lead Midwife, UHSussex
Debra Stokley	Antenatal Clinic Lead – Princess Royal Hospital, UHSussex
Lucy Bloem	Non-executive Director Maternity Safety Champion – UH Sussex
Natalie Beckley	Transformation Midwife, UHSussex
Rebecca Elms	Acting Head of Midwifery – Brighton & Haywards Heath, UHSussex
Sue Defreitas	Interim Maternity Matron at Princess Royal Hospital, UHSussex
Karen Penner	Antenatal Teacher, Breastfeeding Counsellor and Peer Supporter
Katie Christie	Consultant Midwife, Professional Midwifery Advocate, UHSussex
Anna Francis	Lead Neonatal Care Co-ordinator for KSS Neonatal ODN
Sophie Clark	Bramber Ward Manager, UHSussex
Charlotte Crisswell	Infant feeding lead - Healthy Child Programme, Brighton and Hove, SCFT
Maggie Gordon-Walker	Founder and Director of Mothers Uncovered
Lucinda Watkinson	Service User
Sally Harborow	Digital Midwife, UHSussex
Karina Gummer	Health Visitor, SCFT
Emma Johnston	Parents & Family Engagement Lead, PAG, Thames Valley & Wessex Neonatal Network
Kate Shove	Transformation Midwife - East
Clare	Service User
Raili Frost	Maternity Improvement Programme Manager
Fran Humberstone	Infant feeding lead – UHSussex West
Amanda Tombs	Health Visitor Team Lead
Niamh Maguire	Obstetric Clinical Lead for Sussex Local Maternity and Neonatal System (LMNS)
Amy Leftwich	Public Health Strategic Commissioning Lead – Start Well Public Health Directorate
Nicola Greenfield	Midwife
Chloe Apps	Service users & After Birth Club

Nichola Lainsbury	Midwife
Angelina Steinegger	Postnatal Lead Midwife – Royal Sussex County Hospital, UHSussex
Lisa Jury	Team Leader Community/Community Midwife, Professional Midwifery Advocate
Claire Hunt	Divisional Director of Nursing for Children and Gynaecology
Jane Urben	Recruitment and Retention Midwife
Camilla Ellingsen Webster	Service User
Suzanna Borrell	Antenatal Teacher & Doula
Jane Cleary	Recruitment and Retention Midwife
Tosin Ajala	Consultant Obstetrician
Chloe Clamber O'Brien	Service User
Hanna Bangoura	Breastfeeding Specialist
Sophie Moorsom	Strategic Education & Workforce Lead LMNS

No.	Item
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1.	Welcome
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1.1	Hannah shared a JamBoard link and asked people to share their thoughts on what should be included in the MVP annual work plan for 24/25
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**UNIVERSITY HOSPITALS SUSSEX**  
**Maternity Voices**  
Working in partnership to improve maternity services

**What do you think the MVP's focus should be for 24/25**

- Co-production**
- How do services and resources need to be adapted to meet different cultural needs of our population?**
- Focus on lesser heard voices - BAME Community, those in areas of deprivation**
- Working with under-represented service users (eg black, asian and ethnic minority) and ensuring their views are included and they're involved in co-product**
- Personalised care - capturing what that looks like from a service user perspective (and what it doesn't look like :-))**
- Personalised care - what it looks like from a service user perspective (and what it doesn't!)**
- Rural areas - social isolated groups**
- service user feedback on external antenatal classes - were they worth it? did it help? were realistic expectations set?**
- Inclusion of voices of women with perinatal MH, learning disability or autistic people as well as people with physical disabilities**
- I was at the Mental Health Network Trauma meeting on Tuesday - this stat was given. 225-440 mothers were affected by perinatal mental health illness in 2020.**
- Personalised care**
- Feedback from service users re overnight staying and staff poll**
- Neonatal partnership**
- Linking up with the neonatal parent group for shared working**
- Developing communication with all service users for audits and surveys particularly ethnic minority/vulnerable.**
- Follow on from trauma meeting note. Mothers were not listed in any of the supposed workstreams around trauma**
- Wide range of service user feedback about partners staying overnight on antenatal and postnatal ward**
- Staff poll for patients staying overnight**

Laura opened the meeting & welcomed attendees.

2.	Annual Work Plan <b>Laura Naish</b> shared the <a href="#">annual work plan for 2023/24</a>
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2.1	<ul style="list-style-type: none"> <li>Lucy Bloem raised that it would be beneficial to gaining feedback for duty of candour - LN taken an action to get some direct service user feedback</li> </ul>
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	<ul style="list-style-type: none"> <li>• Chloe (Service User &amp; ABC) shared that it would be good to hear more at a local hospital level. Laura explained that we usually share local updates depending on the focus of the meeting, but that work plans and annual reports are done at overall UHSussex MVP level. Chloe and Jordon to link up</li> <li>• Jordon &amp; Laura shared plans for a WhatsApp group for those that would like to get more actively involved and plans for a regular Teams drop in to chat with an MVP chair. We will look into creating a term of reference for this before implementing the group.</li> <li>• Tosin raised the need to be careful with use of social media and WhatsApp use, in terms of confidentiality and security</li> </ul>
<b>3.</b>	<b>Whose Shoes</b>
<b>3.1</b>	<p><b>Jordon Clarke</b> provided a summary of the <a href="#">‘Whose Shoes?’ event and the report</a></p> <ul style="list-style-type: none"> <li>- Laura N shared plans for a working group to take this forward</li> <li>- Laura S thanked all those involved</li> </ul>
<b>4.</b>	<b>Trust Update</b>
<b>4.1</b>	<p><b>Emma Chambers</b> – slides shared</p> <ul style="list-style-type: none"> <li>• Midwifery staffing – There is currently an overall vacancy of 11% reducing to 6% by December. Newly qualified midwives joining over the coming months, acknowledgement of it being a challenging time to train and have good retention levels</li> <li>• Maternity Support Workers and Nursery Nurses – overrecruited at RSCH &amp; PRH, Worthing &amp; St Richards uplift to banding and better support should have a positive impact on recruitment</li> <li>• Sickness rates continues to be high which has a knock-on effect. Hopefully improvement in vacancy will help to reduce sickness in the future.</li> <li>• Obstetrics – Worthing &amp; St Ricards fully recruited, RSCH &amp; PRH is in progress</li> <li>• Leadership &amp; Governance roles approved as part of MSSP</li> <li>• Badgernet is now rolled out at all 4 sites</li> <li>• Maternity has launched central monitoring, so they can be seen outside of the monitoring room</li> <li>• Looking to centralising telephone triage</li> <li>• Review of structure &amp; specialist services (bereavement &amp; debrief) to ensure consistency across sites</li> <li>• Plans to improve research across the service</li> <li>• Midwifery Led Unit – Looking into how to make this happen, estate being biggest challenge. Also looking into how to improve use of SRH MLU</li> <li>- Jordon shared the plans for an MLU Instagram live on 30<sup>th</sup> Oct 8pm with the involvement of maternity services</li> </ul> <p><b>Rebecca Elms</b></p> <ul style="list-style-type: none"> <li>• The preceptorship midwives have done some fantastic work on the support for new midwives</li> <li>• Charitable funds will be supporting the improvement to the space for a new community clinic, which is great news</li> </ul>
<b>5.</b>	<b>Commissioner Update</b>
<b>5.1</b>	<p><b>Lara Kiziltuna</b></p> <ul style="list-style-type: none"> <li>• Spec refresh in progress, including what transformation work can now go to BAU</li> </ul> <p><b>Cecily Hollingworth</b></p>

	<ul style="list-style-type: none"> <li>Perinatal equity work ongoing – Cecily shared a link to an event - <a href="https://www.eventbrite.co.uk/e/improving-perinatal-equity-and-equality-in-sussex-tickets-727430593487">https://www.eventbrite.co.uk/e/improving-perinatal-equity-and-equality-in-sussex-tickets-727430593487</a></li> </ul>
<b>6.</b>	<b>LMNS – No update</b>
<b>7.</b>	<b>UHSussex Strategic Education &amp; Workforce Lead - LMNS</b>
<b>7.1</b>	<p><b>Sophie Moorsom</b> – shared slides</p> <ul style="list-style-type: none"> <li>Explained the importance of the role in providing safe, personalised care to support the community by providing Sussex wide training &amp; education</li> <li>Shared the actions and objectives</li> <li>Workforce diversity and growth plans including valuing staff and retention</li> <li>Investing in skills – several workstreams &amp; workshops in progress to support staff in building their skills</li> <li>- Andrea commented that the professional site for LMNS is going to be a fantastic resource</li> <li>- Emma J – shared email to link up with neonatal ODN &amp; parent reps</li> </ul>
<b>8.</b>	<b>Parent Advisory Group (PAG)</b>
<b>8.1</b>	<p><b>Anna Francis</b> – RSCH, PRH &amp; Worthing See slides</p> <ul style="list-style-type: none"> <li>Shared survey feedback – high response rate in Sussex</li> <li>Overall, very positive feedback – parents feel like partners in their babies' care, appreciate 24-hour access, excellent feeding support</li> <li>Areas for improvement – missed medication and meal on the postnatal ward or delays to visiting their baby due to waiting for a meal or medication. Hot meal provision desired.</li> <li>Considering financial burden on families, including parking, taxis, meals and childcare</li> <li>- Hannah &amp; Emily share the rollout of a card for SUs to leave to show where they have gone, in addition to the 'we missed you' card being left by midwives. There is also a help yourself breakfast table</li> <li>- Angelina shared that RSCH use the 'we missed you' card. At each bedside there is drug &amp; food round information, but it is geographically challenging with the wards being on different floors</li> <li>- Laura shared plans for both a discharge video and a pack to be used across all sites</li> <li>- Laura shared challenges of collecting parking permits from Sussex House for TMBU service users</li> <li>Hannah added that a service user at PRH saw something had been implemented following their feedback and how positive this was</li> <li>Angelina shared that it's great to hear positive stories too</li> <li>- Anna shared some inconsistency with people knowing they can access free parking permits</li> </ul>
<b>8.1</b>	<ul style="list-style-type: none"> <li>Jordon shared that following the Worthing 15 steps it was identified that there isn't provision for free parking, highlighting this as one example of inconsistency</li> <li>-</li> </ul> <p><b>Emma Johnston</b> – St Richards</p> <ul style="list-style-type: none"> <li>Work ongoing on journey cards, listening group coming up</li> <li>Rolled out of link nurse role, helping to connect with parent when they have received their care in a different region</li> <li>Work ongoing on video of parents talking about their experience and how people can support them better</li> </ul>

	<ul style="list-style-type: none"> <li>• Engagement events on working with the MVP coming up</li> <li>• Neonatal stories for change events</li> <li>• Starting transitional care and outreach scoping</li> <li>• If anyone would like to hear more about any of the above, please contact Emma</li> </ul>
<b>9.</b>	<b>WEPP &amp; Perinatal Pelvic Health Project</b>
<b>9.1</b>	<p><b>Andrea Yeboah</b>  <a href="#">See slides</a></p> <ul style="list-style-type: none"> <li>• Pelvic Health Service will be fully commissioned to support this ongoing work</li> <li>• Shared achievements &amp; challenges</li> <li>• WEPP – Badgernet, Collaboration &amp; Social Media launch</li> <li>• New health lifestyle/healthy weight section plans</li> <li>• WEPP promotion plans</li> </ul>
<b>10.</b>	<b>AOB?</b>
<b>10.1</b>	None
<p><b>Meeting close -</b>  <b>Thank you for attending</b>  <b>Date of next meeting: Monday 8<sup>th</sup> Jan 2024</b></p>	

**If you would like to discuss anything covered in this meeting or would like to be added to our membership, please contact one of the co chairs -**

Laura Naish	MVP Strategic Chair and Brighton Co Chair – <a href="mailto:laura.naish3@nhs.net">laura.naish3@nhs.net</a>
Jordon Clarke	MVP Vice Chair – Chichester & Worthing – <a href="mailto:jordon.clarke@nhs.net">jordon.clarke@nhs.net</a>
Hannah Daly	MVP Co Chair – Haywards Heath – <a href="mailto:hannah.daly7@nhs.net">hannah.daly7@nhs.net</a>